



# Cottonwood Community Health Screenings

**FREE \* NON-FASTING  
HEALTH SCREENINGS**  
**Cholesterol • Diabetes • Blood Pressure**

**Friday & Saturday  
Aug. 29 & 30  
9 a.m. - 3 p.m.  
Cottonwood Fire Station  
191 S. 6th St.**

- Also:**
- Learn hands-only CPR
  - Medication disposal
  - Chair massages
  - Additional screenings

**Sponsored by Verde Valley Medical Center and the City of Cottonwood.**  
For more information or to learn about more times and locations, call 928-853-0879.

