



# Cottonwood Community Health Screenings

**FREE \* NON-FASTING  
HEALTH SCREENINGS**  
**Cholesterol • Diabetes • Blood Pressure**

**Friday & Saturday  
Dec. 12 & 13  
9 a.m. - 3 p.m.  
Cottonwood Fire Station  
191 S. 6th St.**

**Also:**

- Medication disposal
- Chair massages
- Additional screenings

**Sponsored by Verde Valley Medical Center and the City of Cottonwood.**  
For more information or to learn about more times and locations, call 928-853-0879.



Northern Arizona Healthcare  
Flagstaff Medical Center • Verde Valley Medical Center

