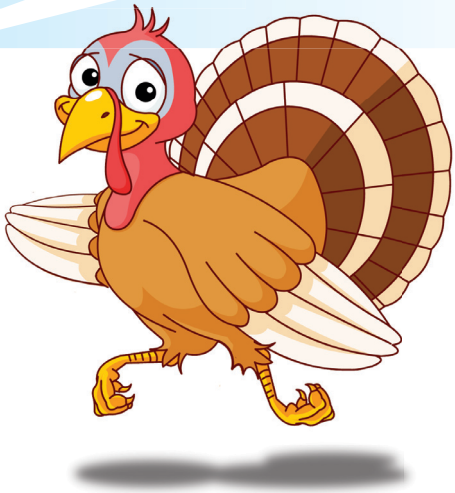
3rd Annual Fit Kids of Arizona

5K Fun Run and 10K Autumn Dash

Saturday, Nov. 3, 2012 • Cottonwood



All Ages Welcome!

Awards given to top-three finishers in separate age and gender groups.

Each participant will receive a free T-shirt.

There will be onsite BMI and Body Composition Testing.

Enjoy post-race celebration and awards ceremony.

The race is at Riverfront Park in Cottonwood.

Check-in and same-day registration 8 - 8:45 a.m.

Race starts at 9 a.m. for 10K runners and 9:15 a.m. for 5K runners.

For more information or to register, call 928 214-3537 or go to *virtualroster.com* and click on Fit Kids of Arizona.

fit kids OF ARIZONA

A service of Flagstaff Medical Center and Verde Valley Medical Center

5K Fun Run 5K 10K 2012 10K Autumn Dash