



City of Cottonwood Fire Department



For Immediate Release

Date: September 30, 2013
Contacts: Mike Kuykendall, Fire Chief
Cottonwood Fire Department
mkuykendall@cottonwoodaz.gov

928-634-2741

Cottonwood Fire Department Provides CCC-CPR Training at Senior Center

COTTONWOOD, AZ (September 30, 2013) – On Friday, September 27, 2013, two Cottonwood Fire Department (CFD) personnel, Firefighter Bryan Smith and Fire Inspector Steve Trautman provided “Continuous Chest Compression-Cardio Pulmonary Resuscitation” (CCC-CPR) training to staff members at the Cottonwood Senior Center. CCC-CPR is an easily learned, potentially life-saving procedure, administered to cardiac arrest victims. CCC-CPR instruction was provided to 7 Senior Center employees including director Elaine Bremner. In addition



to the CCC-CPR, employees were also taught how to use an “Automated External Defibrillator (AED). The AED is a device designed to be utilized by bystanders to deliver a potentially life-saving “shock” to victims of sudden cardiac arrest.



The class was approximately 1.5 hours in length. Attendees received instruction via lecture, DVD and “hands on” training on mannequins. All attendees were excited to learn these subjects and provided very positive feedback to our personnel. Senior Center director Elaine Bremner was excited at the possibility of installing an AED at the Senior Center and is planning on seeking funding sources to acquire one in the near future.

For further information please contact the Cottonwood Fire Department at 928-634-2741.

###