



City of Cottonwood Fire Department



For Immediate Release

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(928) 634-2741

CCC - CPR

Otherwise Known as “Hands Only” CPR

On August 6th at 10:00 am Cottonwood Fire Department personnel provided CCC-CPR (Continuous Chest Compressions CPR) instruction to management and residents of Tuzigoot Village. CCC-CPR is otherwise known as “Hands Only” CPR.

The class consisted of ten participants, eight residents and two managers. All participants were very eager and enthusiastic to learn the new “hands only” method of CPR, making for a successful class.

In previous months, Cottonwood Fire Department personnel also provided CCC-CPR instruction to the employees of Walmart, Nutri-Health, Chamber of Commerce and Butler-Leavitt, to name a few. Class sizes have varied, ranging from 5 to 30 employees.

Business owners interested obtaining CCC-CPR instruction for their employees can contact Cottonwood Fire Department at 634-2741 to schedule a date and time.