



# City of Cottonwood Fire Department



---

## For Immediate Release

Date: October 10, 2013  
Contacts: Mike Kuykendall, Fire Chief  
Cottonwood Fire Department

928-634-2741  
mkuykendall@cottonwoodaz.gov

## CCC-CPR Training at Cottonwood Middle School

COTTONWOOD, AZ (October 8, 2013) On Tuesday, October 8, 2013 Cottonwood Fire Department, Verde Valley Fire District, Verde Valley Ambulance Company, Clarkdale Fire District and Sedona Fire District joined resources to provide CCC-CPR training to about 480 students at Cottonwood Middle School. This training was provided to 6th, 7th and 8th grade students and included both classroom instruction as well as hands-on training in “Chest-Compression-Only” CPR (CCC-CPR). This training follows guidelines established by the S.H.A.R.E. (Save Hearts in Arizona Registry & Education) program.



This training also included training in the use of AED’s (Automated External Defibrillator). Cottonwood Middle School has a number of these life saving devices placed strategic locations on the campus. An AED can provide a lifesaving ”shock” to a person a person experiencing “cardiac fibrillation”, a heart problem commonly seen in cardiac arrest.

This training provides these students with the basic skills necessary to provide lifesaving CPR to those experiencing cardiac arrest whether it be a family member, fellow student or fellow member of our community.

For further information please contact the Cottonwood Fire Department at 928-634-2741.