



# RIVERFRONT PARK, COTTONWOOD, ARIZONA

## Saturday, April 16, 2016



By Beaches on Location



Sponsored by  
**Northern Arizona Healthcare**  
 Verde Valley Medical Center

### **START TIMES:**

**Marathon ~ 6:00AM**

**Half Marathon ~ 7:30AM**

**10K ~ 7:40AM**

**2 mile ~ 7:50AM**

Register on-line at [cottonwoodaz.gov/parksrec/bmm](http://cottonwoodaz.gov/parksrec/bmm) or by mail by Thursday, March 31. Late registrations accepted at the Cottonwood Recreation Center through Wednesday, April 13.

### **REGISTRATION FEES:**

	<u>by Jan 1</u>	<u>Jan 2 - Mar 31</u>	<u>Apr 1 - 13</u>	<u>Race Day</u>
<b>FULL MARATHON:</b>	\$60.00	\$70.00	\$80.00	\$90.00
<b>HALF MARATHON:</b>	\$40.00	\$50.00	\$60.00	\$70.00
<b>10K:</b>	\$20.00	\$30.00	\$40.00	\$50.00
<b>2 MILE:</b>	\$15.00	\$20.00	\$25.00	\$30.00



No registrations accepted April 14 or 15.

No Refunds due to withdrawals. \$5 Fee charged for all transfers.  
 \$5 discounts for students under 18 and senior runners ages 55 & older.

For more information contact  
 Cottonwood Parks and Recreation at  
 928-639-3200 or [rbabbitt@cottonwoodaz.gov](mailto:rbabbitt@cottonwoodaz.gov)

## SCENIC RACE COURSES ALONG THE VERDE GREENWAY

All four courses begin and end at the Riverfront Park ramadas and can be viewed at [www.cottonwoodaz.gov/parksrec/bmm](http://www.cottonwoodaz.gov/parksrec/bmm). This event will be chip timed by StartLine Racing.

**2-Mile:** Run or walk from the ramadas to Dead Horse Ranch State Park's gate and back. This route is fairly flat but the scenery is breathtaking.

**10K:** This route winds through beautiful Dead Horse Ranch State Park nestled between Sycamore Canyon and Mingus Mountain.

**Half-Marathon:** Run or walk through historic Old Town then along gentle hills to Sycamore Canyon Road up to Tuzigoot National Monument, where the Sinagua Indians once lived. Continue on a short series of trails with views of the beautiful Verde River into Dead Horse Ranch State Park.

**MARATHON:** This course follows the half marathon course out to Tuzigoot Road and up Sycamore Canyon Road. Instead of looping back toward the monument the route continues down Sycamore Canyon Road for a 6.6 mile out and back then reenters on the half marathon route. This route will utilize dirt roads, paved roads and trails for a great variety on the scenic course.

Keep track of race updates @ [cottonwoodaz.gov/parksrec](http://cottonwoodaz.gov/parksrec).



## AWARDS & HIGHLIGHTS

Pre-Race carb loading meal at the Cottonwood Rec. Center; Great raffle prizes - shoes, dinners, 2-night stays; Fun race bags - snacks, race shirt & more; Post race massages; Healthy post-race refreshments - fruit, pasta.

First overall male and female in the Full and Half Marathons receive a free pair of running shoes from Salomon USA. Finisher medals given to all runners of the Marathon, 1/2 Marathon & 10K. Awards given to the top three adult male and female winners in 5 year age groups in all four races.

Free shirts guaranteed only to race participants who register by Friday, March 18, 2016. Full, 1/2 marathon and 10K racers receive technical running shirts or tank tops. 2 milers receive cotton blend t-shirts. Race bags and bibs will be available for preregistered participants Friday, April 15 from 11:00 AM to 8:00 PM at the Cottonwood Recreation Center, 150 S. 6th Street. Enter on Brian Mickelsen Parkway behind the Library. Bib pick-up only will be Thursday, April 14, 4 to 7 PM in Phoenix at the Scottsdale Roadrunner Sports on Mayo Blvd.

## REGISTRATION & FEES

Pre-register online at [cottonwoodaz.gov/parksrec/bmm](http://cottonwoodaz.gov/parksrec/bmm) or at Cottonwood Parks and Recreation from January 1 through Wednesday, April 13. Absolutely no registrations accepted April 14 or 15. Race day registration is from 5:15 - 5:45 AM for the Full Marathon & 6:15 - 7:00 AM for all others. Fees listed on the front.

Please print and fill out completely and mail with appropriate fee to:

City of Cottonwood Parks and Recreation  
150 S. 6th Street, Cottonwood, AZ 86326

### Circle Running Distance

**Marathon**    **1/2 Marathon**    **10K**    **2-Mile**

Last Name	First Name	Date of Birth	Age on Race Day
Mailing Address (include Apt. #)	City	State & Zip	Daytime Phone
Sex: F M	Email Address: _____		
Circle <u>One</u> Shirt Style: <b>Tech T:</b> Men's Women's Youth	<b>Tank:</b> Men's Women's	<b>T-shirt (unisex)</b>	
Circle Shirt Size: S M L XL XXL XXXL ( <b>T-shirt &amp; Men's Tech T</b> )	XS ( <b>Men's Tech T</b> )		

By signing this form I agree to act as a volunteer and/or participant and to be bound by the terms of the waiver of liability below. In consideration of my desire to serve as a volunteer and/or participant for the 2015 Brian Mickelsen Memorial Marathon, 1/2 Marathon, 10K and 2 Mile event sponsored by The City of Cottonwood; I hereby assume all responsibility for any and all dangers or risk of property damage or bodily injury that I may sustain while volunteering and/or participating. Further, I hereby release, indemnify, hold harmless, waive and discharge Yavapai County and the City of Cottonwood, their Boards, Council, officials, employees, volunteers and agents from any and all claims asserted by anyone arising from or out of any injury or accident I suffer, actions, losses, liabilities, costs, damages, or expenses, including but not limited to court costs and reasonable attorney's fees arising out of bodily injury or death, or tangible or intangible property damage, which I or my spouse, children, heirs, executors, successors or assigns ever may have in connection with such volunteer efforts, or my participation therein, and hereby waive all such claims, demands and causes of action. Further, I expressly agree that this release and waiver is intended to be as broad and inclusive as permitted by the State of Arizona, and that if any portion is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect. I have read, reviewed, understand, and agree to this waiver of liability.

Signature (Plus Parent's if runner is under 18) \_\_\_\_\_ Date \_\_\_\_\_

For more information contact



928-639-3200

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