



Weight Loss Competition starting 2014 January 8 - April 9.

**SEMINARS, GROUP EXERCISE CLASSES,
WEEKLY WEIGH-INS, AND MORE! SIGN
UP TODAY AT THE COTTONWOOD
RECREATION CENTER**

Must be 18 years or older

**Grand Prize of
\$1,000**

**With runner-up prizes
of \$500 and \$250 for
both men & women.**

**Group prize of
\$1,000**

Registration fees:
December 2—January 3
• \$15 for CRC members
• \$30 for non-members
• \$25 per group of five
(an addition to registration fee)
Registration late fee of \$5 after
January 3.

**FOR MORE INFORMATION
PLEASE CALL
Trevor Faust
Fitness Center Supervisor
928-639-3200 x 3210
Or e-mail
tfaust@cottonwoodaz.gov**



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