

Cottonwood Parks and Recreation's

Rec Gazette



March 2015

Volume 2:11

Current Results

LGC 2015 is more than half over but there is still plenty of time to be motivated toward your goals. If you find that you are having a hard time losing fat, think of doing something different. If you need help, always refer to the LGC Fat-loss guide. So far the top 3 "losing" males have lost a total of 73lbs. The top 3 "losing" females have lost a total of 60lbs. Keep up the great work!!!

Upcoming FREE Seminars

The Benefits of Cycling & Biking Safety – March 3, 5:30pm-6:30pm-BAC (Bicycle Advisory Committee)

Stress Management – March 17, 5:30pm-6:30pm-Carla Hover-Coodinator/Community Health Educator

These seminars are held at the Cottonwood Recreation Center Community Event Hall



Looking good
cottonwood

TEEN NIGHT!

Cottonwood
Youth

Advisory
Commission

Saturday, March 21

7 - 10 PM at the CRC

\$3 entry fee

For ages 13 and up

Bring extra money for pizza, soda and popcorn!

Enjoy time with your friends or make new ones while playing laser tag, watching a movie or battling it out for bragging rights in the game room.

Crafts Swimming Movie
Sport Garrison Park

CRC ASP Spring Break!

Your children will enjoy a full day of fun and creative time at the After School Program Spring Break program. This program runs **Monday, March 9 to Friday, March 13, 8 am to 6 pm. Cost is \$90 for the week or \$20 per day.** Pre-registration is required with payment at the CRC front desk. Lunch and snacks provided.

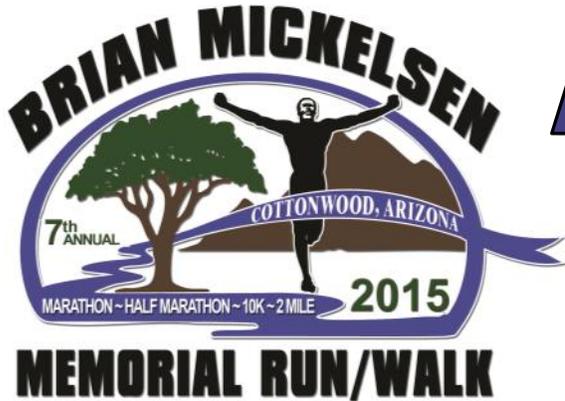


Hey Batter Batter

The 2015 Spring Softball season begins Monday, April 27. Registration fees accepted at the CRC Monday, February 23 through Friday, March 27. Men's games are Monday and Wednesday nights, women's are Tuesday and Thursday nights. Sponsorship fees are \$300 per team with a \$20 per player fee. Minimum of 12 players required on each team roster.

**Cottonwood Parks & Recreation's
25th Annual FREE Old Fashioned
Easter Egg Hunt**

Saturday April 4, 10am @ Riverfront Park



April 18, 2015

Riverfront Park

Sponsored by
Northern Arizona Healthcare



Register: On-line through cottonwoodaz.gov/parksrec/bmm or at the CRC front desk by Wednesday, April 15. Day of Event: 5:15 - 5:45 am for Full Marathon; 6:15 - 7:00 am for all others. No registrations accepted April 16 or 17.

Fees:	Feb 1 - Mar 31	Apr 1 - 15	Race Day
Full Marathon:	\$70.00	\$80.00	\$90.00
1/2 Marathon:	\$50.00	\$60.00	\$70.00
10K Run:	\$30.00	\$40.00	\$50.00
2 Mile:	\$20.00	\$25.00	\$30.00



Registration for the “Learn to Swim” program begins Monday, April 13.

Sessions Dates:

- #1 June 1—June 12
- #2 June 15—June 26
- #3 June 29—July 10
- #4 July 13—July 24

Four levels of classes are offered for youth ages 3 to 15 in four separate two-week sessions. Cost is \$35/child/session.

Class Times available:

- Level I (indoors): 10am, 10:45am or 11:30am
- Levels II, III & IV (outdoors):
8:30am, 9:15am, 10am or 4:10pm

More information and forms will be available at the CRC in April.



Parks & Recreation
150 S. 6th Street
Cottonwood, AZ 86326
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(928)639-3200





As many of you now know the Cottonwood Recreation Center will be raising membership fees beginning July 1, 2015. After 5 years of being in business the CRC has never seen greater usage of the facility nor had more lives being positively changed. Unfortunately, now is the time to use a slight increase to try and decrease the gap between revenues and expenditures for the facility and attempt to reach the 60% cost recovery goal. The new rates compare favorably to the rates of similar facilities and also to the recommended rates for the CRC when the facility originally opened in 2010. Our hope is that you too will find the new rates to be fair and worth the investment to reach your goals of maintaining a balanced and healthy lifestyle.

New Recreation Center Membership Fees (as of July 1, 2015):

	Daily	10-Visit Pass	1 Month	3 Months	6 Months	1 Year
5-17 Years Old *	\$5.00	\$28.00	\$28.00	\$68.00	\$110.00	\$200.00
	\$4.00	\$20.00	\$22.00	\$55.00	\$95.00	\$165.00
Adult	\$7.00	\$42.00	\$50.00	\$120.00	\$220.00	\$385.00
	\$6.00	\$35.00	\$40.00	\$95.00	\$165.00	\$305.00
Senior (55 & older)	\$5.00	\$28.00	\$28.00	\$68.00	\$110.00	\$200.00
	\$4.00	\$20.00	\$22.00	\$55.00	\$95.00	\$165.00
Adult Couple	N/A	N/A	\$68.00	\$165.00	\$300.00	\$550.00
	N/A	N/A	\$55.00	\$135.00	\$245.00	\$440.00
Family (3 to 5 members)		N/A	\$85.00	\$205.00	\$370.00	\$660.00
		N/A	\$75.00	\$178.00	\$310.00	\$570.00
Additional Members (to add to a family membership)		N/A	\$18.00	\$40.00	\$68.00	\$128.00
		N/A	\$15.00	\$35.00	\$55.00	\$110.00

Regular rates are in blue (for patrons residing outside of incorporated city limits).

Rates in red are reduced for City of Cottonwood Residents.

*Youth under age 13 must be accompanied by a friend/relative 13 and above.

Don't Just Make it a Workout, Make it a Lifestyle!