

Health bulletin

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2018-2019 Benefits

Open Enrollment



ID CARDS AND ENROLLMENT

Following enrollment, new medical ID cards will be issued. Please do not discard your old card(s) until you receive the new ID card(s). New health savings account (HSA) and dental cards will not be issued.

Note: Vision benefits elected through Kairos do not require an ID card.

VIRTUAL PHYSICIAN VISITS

Effective July 1, 2018, Kairos will be offering BlueCare Anywhere, a virtual physician visit benefit. BlueCare Anywhere allows employees to visit with a board-certified doctor, counselor, or psychiatrist whenever and wherever, any day and any time, by computer or mobile device. Consultation fees are less than an office visit.

SUPPLEMENTAL LIFE INSURANCE

Supplemental life products will see slight rate modifications for 2018–2019. The good news is that these modifications represent minimal changes in almost all age categories.

Note: Rates are adjusted annually effective July 1; please be sure to refer to the correct age bracket.


ANCILLARY BENEFITS

Kairos is introducing a new suite of ancillary coverages that you may elect effective July 1, 2018:

- prepaid dental
- short-term disability insurance
- prepaid legal coverage
- worksite benefits
- pet insurance
- identity theft insurance

Note: Availability of these benefits will vary by employer; check with your employer for details.

MAY IS NATIONAL HEPATITIS AWARENESS MONTH



Hepatitis B and C are silent, serious liver diseases. Do you have hepatitis? If you're not sure, your doctor can test you to find out and help you receive lifesaving care if you need it.

For more information go to: www.health.state.mn.us/hepatitis