

# Health *bulletin*

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Just log on to the **BlueCare Anywhere** app from your phone or tablet, and a few moments later you'll be face to face with a doctor who can make your sick home a sweet home once again.\*

- Instant virtual visits or by appointment
- Choice of healthcare services and providers
- Private and confidential care at home or on the road

Getting great care is easy—and so is getting started with **BlueCare Anywhere**.

## HealthEquity



Ambulance



Body Scans



Dental

## Discover the many uses for your HSA

HSA funds may be used for qualified medical expenses (QMEs), which are defined by the IRS. In general they include medical, dental, vision, and prescription expenditures. QMEs are subject to change by the IRS at any time, however. It is the participant's responsibility to verify that expenses incurred are designated by the IRS as QMEs.

For more information, visit: <https://learn.healthequity.com/qme/>



Nursing



Optometrist



Prescriptions

## ID Cards

Following enrollment, new medical ID cards will be issued. Please do not discard your old card(s) until the new ID card(s) arrive. (New health savings account [HSA] and dental ID cards will not be issued.)

*Please note: Vision benefits through Kairos do not require ID cards.*

Additional notes:

- New ID cards should arrive in the mail prior to July 1, 2018.
- ID cards are typically sent in nondescript envelopes, so please watch carefully for them.
- If you do not receive your ID cards by July 1, please note that this will not affect your coverage.



**Juvenile Arthritis**  
Awareness  
Month

• July •