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Health *bulletin*



See a doctor at your convenience!

You have better things to do than wait in a doctor's office. With BlueCare Anywhere, you can sign on to a computer or mobile device and connect with a board-certified medical professional—any day, any time, anywhere.



Immediate care

Employees can see a doctor virtually 24 hours a day, 7 days a week, including weekends and holidays.



Virtual convenience

There's no waiting room for employees to visit. They just log on and speak with a provider.



Real doctors, real care

Board certified doctors are available via smartphone, tablet, or computer.



Using BlueCare Anywhere is easy!

All you need is high-speed internet access, and a smartphone, tablet, or computer with a webcam and sound. Just follow these steps:

1. Navigate to www.azblue.com.
2. Sign up or log in with your name, email, and password.
3. Fill out the brief questionnaire about your symptoms and health history.
4. Select the type of provider you want to see.
5. Choose an available doctor.
6. Pay your cost share.
7. See the doctor (in around two minutes).
8. Receive a summary of your visit that you can share with your primary care doctor.